

Parent Child Interactive Learning Program

Monday- Friday, 9:00 a.m.-1:00 p.m.

An interactive program for parents/caregivers and children ages birth to 6 years. This program provides opportunities to enhance child development through cognitive, creative, sensory, fine and gross motor play. Also provides opportunities for informal networking and connections to a variety of community resources

Family Nutrition

Monday and Wednesday, 11:30 a.m.- 12:30 p.m.

A nutritional program that promotes healthy eating, provides a hot lunch meal, multicultural food guidelines, recipes, cooking tips and op-

Cooking With Kids

Tuesday, 10:30 a.m.- 11:30 a.m.

Make yummy, fun nutritious snacks.

Sensory/Science Fun

Thursday, 10:30 a.m.- 11:30 a.m.

An hour of fun. Children enjoy learning through sensory play- make play dough, goop, and volcanoes, explore textures & sound...etc.

Cultural Diversity

Friday, 10:30 a.m.-11:30 a.m.

Children learn about cultural diversity through multicultural activities.

Baby and Me

Tuesday and Thursday, 1:30 p.m.- 3:30 p.m.

A stimulating group for parents and caregivers with children 0-18 months of age. Provides opportunities to share and enhance knowledge about infant development, infant stimulation, services and resources for young children and their parents. Tuesdays for infants up to 12 months of age and Thursdays for infants up to 18

Public Health Nurse Visit

Tuesday, February 4th, 10:00 a.m.-11:00 a.m.

Public Health Nurse **Debra Williams-Conliffe** will be visiting the program to answer any questions or concerns you might have about your child's health.

Reading Circles

Wednesdays, 11:00 a.m. -11:30 a.m.

Come and join Dave Page, OEYC Family Literacy Specialist. A morning of songs and stories.

Parent Information Session

Mondays, 10:30 a.m.-11:30 a.m.

- Benefits of Breast Feeding
- Taking Care of a Sick Child
- Oral and Dental Care

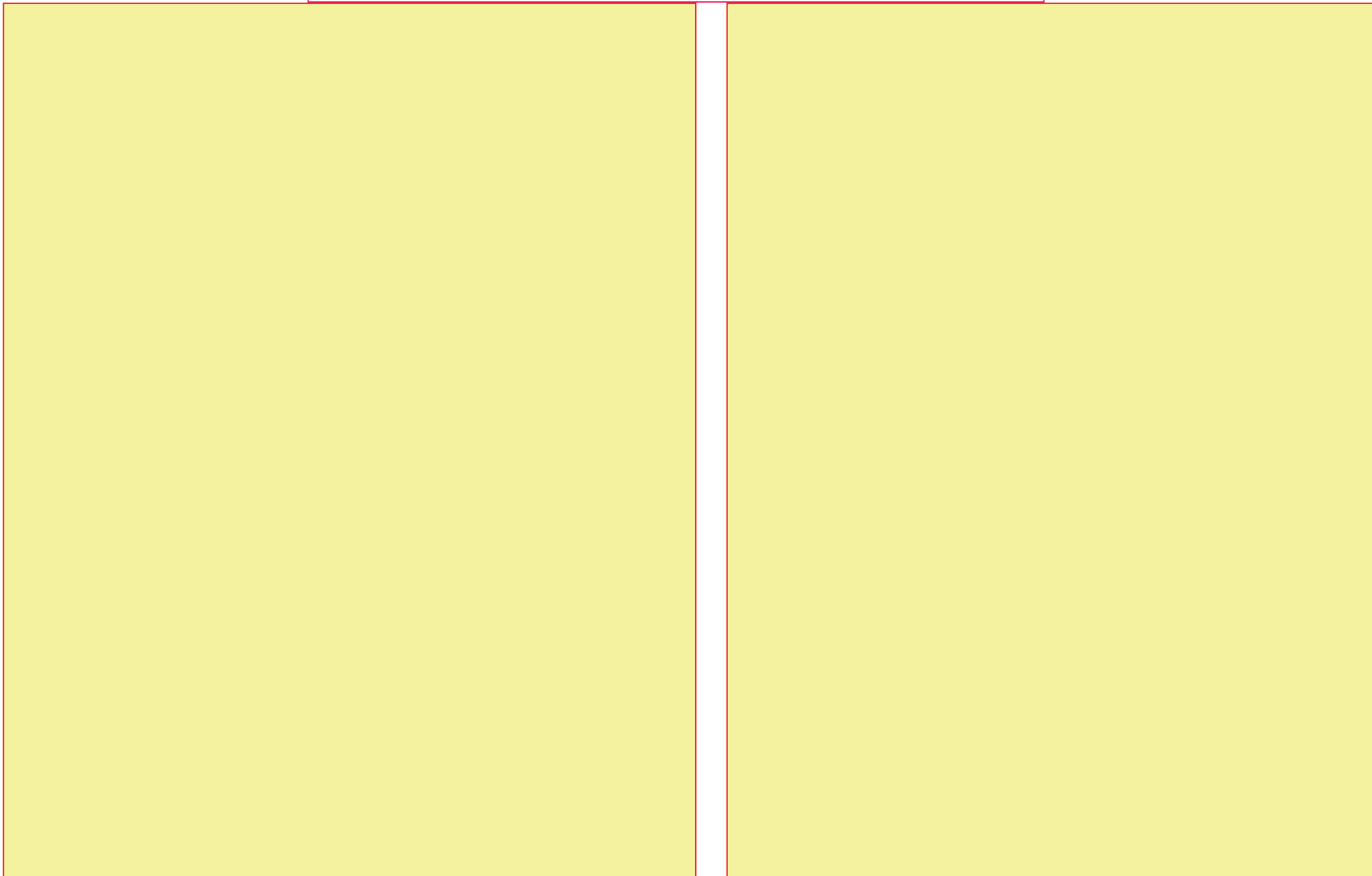


For more information and to register, please call
647-258-9792 or 416-686-3390.





EAST YORK EAST TORONTO FAMILY RESOURCES
Toronto Centre Rosedale Ontario Early Years Centre
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