

Parent Child Interactive Learning Program

Monday- Friday, 9:00 a.m.-1:00 p.m.

An interactive program for parents/caregivers and children ages birth to 6 years. This program provides opportunities to enhance child development through cognitive, creative, sensory, fine and gross motor play. Also provides opportunities for informal networking and connections to a variety of community resources

Family Nutrition

Monday and Wednesday, 11:30 a.m.- 12:30 p.m.

A nutritional program that promotes healthy eating, provides a hot lunch meal, multicultural food guidelines, recipes, cooking tips and op-

Cooking With Kids

Tuesday, 10:30 a.m.- 11:30 a.m.

Make yummy, fun nutritious snacks.

Sensory/Science Fun

Thursday, 10:30 a.m.- 11:30 a.m.

An hour of fun. Children enjoy learning through sensory play- make play dough, goop, and volcanoes, explore textures & sound...etc.

Cultural Diversity

Friday, 10:30 a.m.-11:30 a.m.

Children learn about cultural diversity through multicultural activities.



Baby and Me

Tuesday and Thursday, 1:30 p.m.- 3:30 p.m.

A stimulating group for parents and caregivers with children 0-18 months of age. Provides opportunities to share and enhance knowledge about infant development, infant stimulation, services and resources for young children and their parents. Tuesdays for infants up to 12 months of age and Thursdays for infants up to 18

Public Health Nurse Visit

Tuesday, January 4th, 10:00 a.m.-11:00 a.m.

Public Health Nurse **Debra Williams-Conliffe** will be visiting the program to answer any questions or concerns you might have about your child's health.

Reading Circle

Wednesday, January 11th, 11:00 a.m. -11:30 a.m.

Come and join librarian **Leigh Turina** for a morning of songs and stories. She will also be sharing library resources.

Music and Movement

Mondays, November 16, 10:30 a.m.-11:30 a.m.

Children and parents participate in creative, music and movement activities.

Developmental Screening Workshop

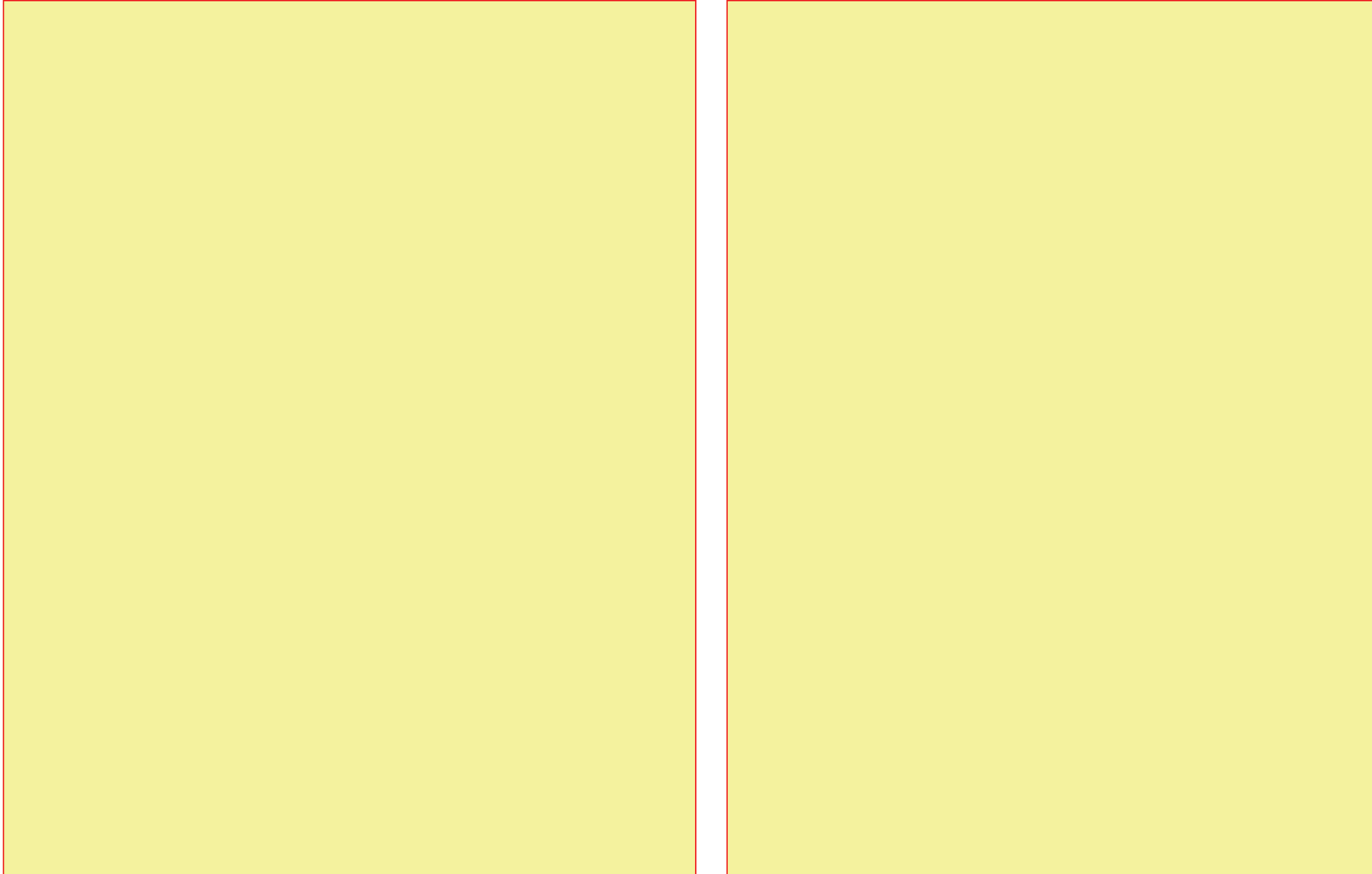
Thursday, January 19th, 1:30 pm-3:30pm

Learn about the Nipissing Screening tool designed to assist you to monitor your child development.

For more information and to register,
please call 647-258-9792 or 416-686-3390.



EAST YORK EAST TORONTO FAMILY RESOURCES
Toronto Centre Rosedale Ontario Early Years Centre
80 Sackville Street, Room 106, Toronto, ON. M5A 3E5



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